

JULY IS BIPOC MENTAL HEALTH MONTH

Spotlight on outcomes for HISPANIC/LATINX PATIENTS IN MINNESOTA



81.4% of Hispanic/Latinx adolescents have been screened for mental health and/or depression, which is **significantly lower** than the statewide average

Approximately **7 out of 10** Hispanic/Latinx adolescents with depression **do not** receive a PHQ-9/PHQ-9M follow-up at 12 months, which is significantly lower than adolescents who are not Hispanic/Latinx



Hispanic/Latinx adults with depression have **significantly lower outcomes** for all six depression measures* compared to the statewide average

The proportion of **Hispanic/Latinx adults** with depression who had an initial PHQ-9/PHQ-9M score of 20 or higher (severe depression) is significantly higher than non-Hispanic/Latinx adults with depression (26.4% and 18.8%, respectively)



Hispanic/Latinx adult females with depression have **significantly higher outcomes** of follow-up at six and 12 months compared to Hispanic/Latinx adult males with depression

While MNCM data continue to show the need for improvement in mental health care for Hispanic/Latinx patients, MNCM is invested in partnering with the health care community throughout Minnesota to better understand where these disparities exist and how to address them.

Together, we can do better.



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BIPOC = Black, Indigenous and People of Color

*Depression measures: follow-up at 6 months and at 12 months, response (50% of initial PHQ-9/PHQ-9M score) at 6 months and at 12 months, remission (PHQ-9/PHQ-9M less than five) at 6 months and at 12 months