JULY IS
BIPOC MENTAL HEALTH MONTH
Spotlight on outcomes for
HISPANIC/LATINX PATIENTS IN MINNESOTA

81.4% of Hispanic/Latinx adolescents have been screened for mental health and/or depression, which is significantly lower than the statewide average.

Approximately 7 out of 10 Hispanic/Latinx adolescents with depression do not receive a PHQ-9/PHQ-9M follow-up at 12 months, which is significantly lower than adolescents who are not Hispanic/Latinx.

Hispanic/Latinx adults with depression have significantly lower outcomes for all six depression measures* compared to the statewide average.

The proportion of Hispanic/Latinx adults with depression who had an initial PHQ-9/PHQ-9M score of 20 or higher (severe depression) is significantly higher than non-Hispanic/Latinx adults with depression (26.4% and 18.8%, respectively).

Hispanic/Latinx adult females with depression have significantly higher outcomes of follow-up at six and 12 months compared to Hispanic/Latinx adult males with depression.

While MNCM data continue to show the need for improvement in mental health care for Hispanic/Latinx patients, MNCM is invested in partnering with the health care community throughout Minnesota to better understand where these disparities exist and how to address them.

Together, we can do better.

BIPOC = Black, Indigenous and People of Color
*Depression measures: follow-up at 6 months and at 12 months, response (50% of initial PHQ-9/PHQ-9M score) at 6 months and at 12 months, remission (PHQ-9/PHQ-9M less than five) at 6 months and at 12 months.