

JULY IS BIPOC MENTAL HEALTH MONTH

Spotlight on outcomes for ASIAN PATIENTS IN MINNESOTA

Asian adults with depression have **significantly lower outcomes** on five out of six depression measures** compared to the statewide average

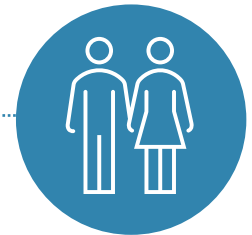


26.6%

of Asian adults with depression have an initial PHQ-9/PHQ-9M score of 20 or higher (severe depression)

2 out of 10

Asian adolescents with depression have an initial PHQ-9/PHQ-9M score of 20 or higher (severe depression)



88.1%

of Asian adolescents have received a mental health and/or depression screening, which is **not significantly different** than the statewide average

While the outcomes for Asian patients are comparable to the statewide average for some measures, MNCM data continue to show the need for improvement in certain areas of care for Asian patients. MNCM is invested in partnering with the health care community throughout Minnesota to better understand where these disparities exist and how to address them.

Together, we can do better.



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BIPOC = Black, Indigenous and People of Color

*Depression measures: follow-up at 6 months and at 12 months, response (50% of initial PHQ-9/PHQ-9M score) at 6 months and at 12 months, remission (PHQ-9/PHQ-9M less than five) at 6 months and at 12 months

** The rate for PHQ-9/PHQ-9M follow-up at 6 months is average for Asian adults