# **JULY IS**BIPOC MENTAL HEALTH MONTH

## Spotlight on outcomes for **BLACK PATIENTS IN MINNESOTA**

Black <u>adults</u>
with depression have
significantly lower
outcomes

for all six depression measures\* compared to the statewide average

#### 3 out of 10

Black <u>adults</u> with depression had an initial PHQ-9 score of 20 or higher, the highest proportion of any race group

For all six depression measures, Black <u>adults</u> with depression have outcomes that range from

### 5 – 12 percentage points lower

than the outcomes for all other patients

86.8%

of Black <u>adolescents</u> have been screened for mental health and/or depression; however, this rate is

significantly lower than the statewide average

2019 dates of service

1/4

of Black <u>adolescents</u> with depression had an initial PHQ-9/ PHQ-9M score of 20 or higher (severe depression)

Black <u>adolescents</u>
with depression have
significantly lower
outcomes

of follow-up at both six and 12 months compared to the statewide average

While MNCM data continues to show the need for improvement in mental health care for Black patients, MNCM is invested in partnering with the health care community throughout Minnesota to better understand where these disparities exist and how to address them.

### Together, we can do better.



BIPOC = Black, Indigenous and People of Color