Black adults with depression have significantly lower outcomes for all six depression measures* compared to the statewide average.

3 out of 10 Black adults with depression had an initial PHQ-9 score of 20 or higher, the highest proportion of any race group.

86.8% of Black adolescents have been screened for mental health and/or depression; however, this rate is significantly lower than the statewide average.

1/4 of Black adolescents with depression had an initial PHQ-9/PHQ-9M score of 20 or higher (severe depression).

For all six depression measures, Black adults with depression have outcomes that range from 5 – 12 percentage points lower than the outcomes for all other patients.

2019 dates of service

While MNCM data continues to show the need for improvement in mental health care for Black patients, MNCM is invested in partnering with the health care community throughout Minnesota to better understand where these disparities exist and how to address them.

Together, we can do better.