

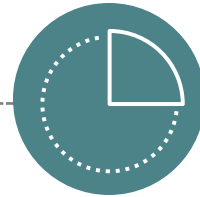
# JULY IS BIPOC MENTAL HEALTH MONTH

## Spotlight on outcomes for INDIGENOUS PATIENTS IN MINNESOTA



**76.1%**

of Indigenous adolescents have been screened for mental health and/or depression screening, which is the **lowest rate of screening** of any race group

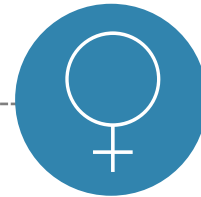


**Over 1/4**

of Indigenous adolescents with depression had an initial PHQ-9/PHQ-9M score of 20 or higher (severe depression)



Indigenous adults with depression have **significantly lower outcomes** for all six depression measures\* compared to the statewide average



Indigenous adult females with depression have **significantly higher outcomes** of follow-up at six and 12 months compared to Indigenous adult males with depression



For all six depression measures, Indigenous adults have outcomes that range from **4-7 percentage points lower** than the outcomes for all other patients

While MNCM data continue to show the need for improvement in mental health care for Indigenous patients, MNCM is invested in partnering with the health care community throughout Minnesota to better understand where these disparities exist and how to address them.

**Together, we can do better.**



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BIPOC = Black, Indigenous and People of Color

\*Depression measures: follow-up at 6 months and at 12 months, response (50% of initial PHQ-9/PHQ-9M score) at 6 months and at 12 months, remission (PHQ-9/PHQ-9M less than five) at 6 months and at 12 months