



Of patients diagnosed with depression\*:



13.9% started to feel better after 6 months and 12.4% after 12 months



8.2% felt better after 6 months and 7.5% after 12 months

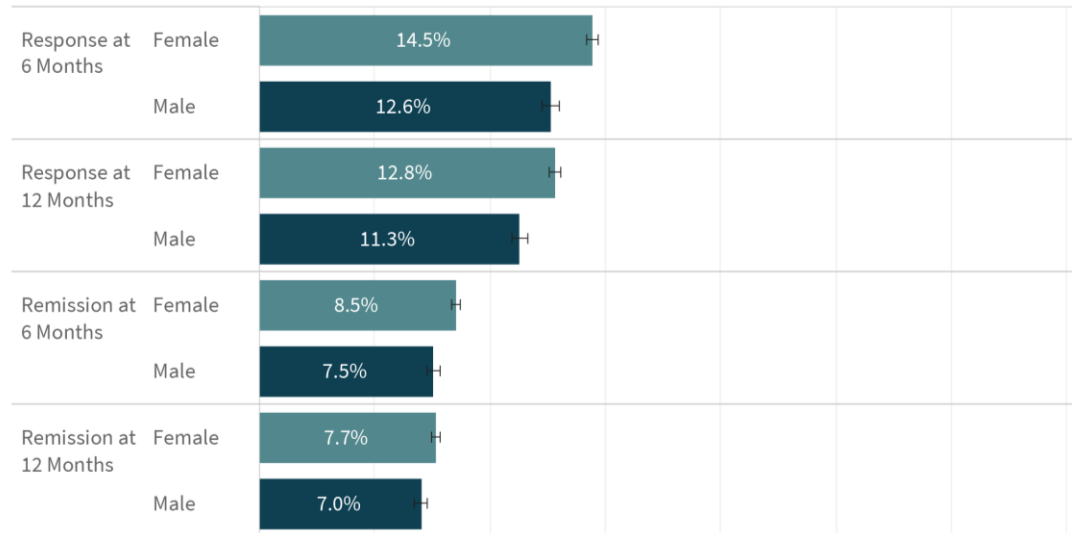
\*Includes patients with and without reassessment

### MEASURING DEPRESSION OUTCOMES

**PHQ-9:** Clinical assessment used to determine presence and severity of depression

**Response** (started to feel better): a PHQ-9 score that is at least 50% of initial PHQ-9 (index assessment)

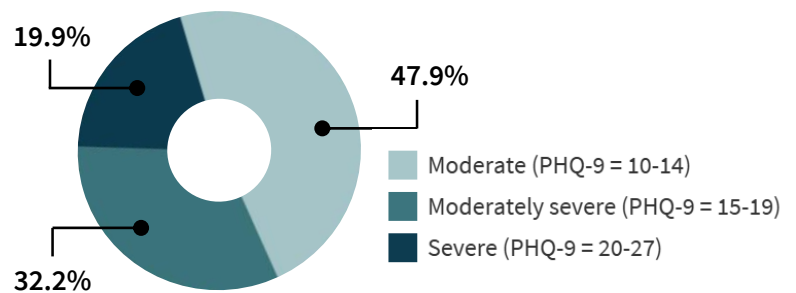
**Remission** (felt better): a PHQ-9 score that is less than 5




*Female adult patients have significantly better depression outcomes compared to male adult patients across each of the four depression outcome measures.*

### Proportion of Depression Severity

*On initial PHQ-9 assessment*



Score cut points source: Patient Health Questionnaire (PHQ) Screeners. Instruction manual: Instructions for Patient Health Questionnaire (PHQ) and GAD-7 Measures. Retrieved from <https://www.phqscreeners.com/select-screener>



## BY THE NUMBERS

**15.5**  
Average score on initial PHQ-9 assessment (index PHQ-9)

28 is highest possible score

**34.2%**  
Of eligible patients received a follow-up assessment after 6 months (+/- 30 days) of index

**29.8%**  
Of eligible patients received a follow-up assessment after 12 months (+/- 30 days) of index